

# 100 Day Artist Challenge - The Pledge -

Print and complete the empty fields below and then hang this where you will work on your project as a reminder of your commitment to yourself, and remember to have fun!

I \_\_\_\_\_ (your name) pledge to spend the next 100 days working on \_\_\_\_\_ (your project) without being afraid of failure.

Working on this is important to me because \_\_\_\_\_

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To do this I will spend at least \_\_\_\_ hour(s) per day working on this without distractions I will work on this \_\_\_\_\_ (where you will work)

If someone tries to interrupt me, I will politely tell them \_\_\_\_\_ and then I will get back to working on my project.

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Your Name & Date